



Hospice Care
of the Southwest

*will be offering a free
Grief Support Group for those mourning
the death of a family member or friend*

Understanding Our Grief in Borger and Pampa during the spring and fall of 2010

Discussion and handouts on the following topics:

- Introduction to our grief journey
- How we deal with our changing feelings
- How we cope with all the changes
- How we handle anniversaries, holidays, and special days

Please visit this website in the near future for dates, times, and locations.

If you need to visit with someone about grief support prior to that time, call the hospice office (806-356-0026 or 866-654-2941).

Darrell Burton, facilitator for the Borger and Pampa grief group meetings, is a **Chaplain** with *Hospice Care of the Southwest*. Darrell has over seventeen years training and experience in hospice care and church ministry. He has consistently supported families through difficult and painful circumstances. He and his wife walk their own grief journey due to the death of a child. Darrell has a passion to help others understand that *no one has to do this alone!*